

## TEACHING GUIDE

2015/16

### Centre

160 - Faculty of Labour Relations and Social Work. Álava Department

### Cycle

Indiferente

### Plan

GTRABA10 - Bachelor's Degree in Social Work

### Year

Second year

## SUBJECT

25944 - Social Psychology for Social Work

ECTS Credits: 6

## DESCRIPTION & CONTEXTUALISATION OF THE SUBJECT

Social Psychology for Social Work is part of the module named "Processes and issues. around social work" (Module C; 36 ECTS ) along with other subjects, such as: Philosophy and Social Work (first course), Anthropology and Social Work (first course), Psychology for Social Work (first course), Sociology and Social Work (first course).

It is an obligatory subject taught in the second year during the second term in Basque, Spanish and English languages. It is a 6-credit subject, including a total of 150 hours distributed in 60 hours of classroom activities and 90 hours of out-of-class activities. Teaching of this subject belongs to the Department of Social Psychology and Methodology of the Behavioural Sciences.

The course includes the following contents around social psychology: the reciprocal influence between individuals and groups. Common sense and scientific knowledge. Application of the scientific method to the study of psychosocial problems. Description of research and evaluation designs. Information processing and making social judgements (heuristic biases). Beliefs and attitude change: Attitudes and Behaviour. Individuals within groups: psychosocial processes affecting group functioning, performance and decision-making. Relationships among groups. Prejudice, stereotypes and discrimination. Personal defence strategies to stigma and prejudice.

## COMPETENCIES/LEARNING RESULTS FOR THE SUBJECT

1. Knowing the psychosocial perspective of the main processes and elements shaping human behaviour in the social area and the relationship between the person and the environment (MO3CM01)
2. To apply the knowledge of social psychology and the scientific method to the study of psychosocial problems, differentiating common sense from scientific knowledge (MO3CM06)
3. Knowing how to analyze the psychosocial processes involved in interpersonal information processing, impression formation, and perception, in order to be able to detect and evaluate interpersonal conflicts.
4. Identifying attitudes, stereotypes and social prejudices, as well as, formation and change mechanisms, and their influence on personal and social identity in order to be able to apply them in the prevention and diagnosis of social needs of groups at risk of discrimination and social exclusion (MO3CM05)
5. To develop the capacity for self-knowledge, being able to identify ones own values, attitudes and cognitive schemes, and empathy in order to be able to analyze the future professional practice in an objective and/or respectful manner (MO3CM07).

## THEORETICAL/PRACTICAL CONTENT

Topic 1. Social psychology: Relationship individual-group-environment. Motivation and information processing basic principles. Contributions of social psychology to social work.

Topic 2. Methodology in social psychology: Common sense and scientific knowledge. Basic research design and evaluation in social psychology.

Topic 3. Social psychology and culture: Culture and cultural dimensions. Transcultural psychology. The concept of Self. Communication styles.

Topic 4. Social cognition: Impression formation. Attributional processes. Biases, heuristics and causal attribution.

Topic 5 Attitudes: Structure, evaluation, functions and attitudes-behaviours relationship. Elements in persuasive communication. Combinatorial attitude change models.

Topic 6. Group processes and inter-group relations: Social facilitation. Social loafing. Deindividuation. Group polarization. Group thinking. Social identity, personal identity and self-esteem. Prejudice, social discrimination and new forms of prejudice and racism. Coping strategies to manage social stigma.

Topic 7. Stereotypes: Definitions and functions. Processes and mechanisms: self-fulfilling prophecy, illusory correlations, etc. Sexism and prejudices against ethnic minorities: change strategies.

Topic 8. Applied social psychology: Health and psychosocial factors. Dimensions for subjective well-being. Happiness and Mental health. Psychosocial factors: personality factors, Stress and

Social support. Coping strategies (individual and collective) and health.

## METHODS

## TYPES OF TEACHING

Type of teaching	M	S	GA	GL	GO	GCL	TA	TI	GCA
Classroom hours	45		15						
Hours of study outside the classroom	67,5		22,5						

**Legend:** M: Lecture S: Seminario GA: Pract.Class.Work GL: Pract.Lab work GO: Pract.computer wo  
GCL: Clinical Practice TA: Workshop TI: Ind. workshop GCA: Field workshop

## ASSESSMENT SYSTEMS

- Mixed assessment system
- Final assessment system

## TOOLS USED & GRADING PERCENTAGES

- Extended written exam 60%
- Practical work (exercises, case studies & problems set) 40%

## ORDINARY EXAM CALL: GUIDELINES & DECLINING TO SIT

A mixed system will be used. Class attendance is mandatory.

Students will have the right to waive the exam before the beginning of the fifth week of each semester. In this case, a "no show" grade will appear as the final grade. Students will have the right of taking a final exam including the theory and practical contents of the course program. To benefit from the final exam, students will be required to follow all the procedures and rules of the University of the Basque Country (UPV/EHU). Students will be required to pass the exam in order to pass the course. The grade obtained in the practice section of the course (a passing grade) will be maintained in case of failing the written exam.

## EXTRAORDINARY EXAM CALL: GUIDELINES & DECLINING TO SIT

## COMPULSORY MATERIALS

Materials will be published in the virtual platform egela (power points, home-works, readings&#8230;)

## BIBLIOGRAPHY

### Basic bibliography

1. Baron, R. & Byrne, R.(1998). Psicología social. Madrid, Prentice-Hall.
2. Morales, F.J. (2007). Psicología social. Madrid: McGraw Hill ISBN 8448156080.
3. Morales, J.F., et al. (2008). Método, teoría e investigación en psicología social. Madrid, Pearson. ISBN 978-84-205-4226-3.
4. Páez, D.; Fernández, I., Ubillos, S., Zubieta, E. (2004). Psicología social, Cultura y Educación. Madrid: Pearson/Prentice-Hall. ISBN: 84-205-3724-1
5. Smith, E.R. & Mackie, D.M. (1997) (Ed.). Psicología social. Madrid, Panamericana.

### In-depth bibliography

### Journals

### Useful websites

## REMARKS