



1st MEETING OF THE ENLIGHT INTERDISCIPLINARY NETWORK ON THE IMPACT OF GENDER IN HEALTH

16th September 2024, Bizkaia Aretoa. Bilbao

Hybrid format

Languages: English, Spanish & Basque (English to Spanish translation will be provided)

OBJECTIVES

- To promote an international network within the ENLIGHT community that will provide multi, inter- and transdisciplinary collaborations in scientific and educational initiatives to work on the impact of gender inequalities in health and wellbeing.
- To raise awareness of the impact that sex and gender produce in the expression of health and disease states and healthy ageing.
- To address the gaps in biomedical research in terms of sex and gender inclusion in study designs.
- To integrate these principles into education and help the academic community, specially undergraduate students of Health Sciences, to develop the ability to identify and evaluate health inequalities based on sex and gender in order to design solutions.

PROGRAMME

Chair: Lucía Gallego, Faculty of Medicine & Nursing, University of the Basque Country UPV/EHU, Bilbao, Spain.

- **9:00-9:25: Registration.**
- **9:25-9:30: Welcome and presentation of the initiative “Innovating Medicine with Gender Perspective: Union, Leadership, Sustainability and Enlightenment” (IMPULSE).** Fernando Tapia Alberdi, Vice Rectorate for Student Affairs and Employability, University of the Basque Country UPV/EHU.
- **9:30-9:45. ENLIGHT Interdisciplinary Network on the Impact of Gender in Health: where we stand, where we go.** Lucía Gallego, Department of Immunology, Microbiology and Parasitology, Faculty of Medicine & Nursing, University of the Basque Country UPV/EHU.
- **9:45-10:05. Gender and sex differences in ageing.** Katarzyna Whysall, School of Medicine, College of Medicine, Nursing and Health Sciences, University of Galway.
- **10:05-10:25 Mental Health during Women’s Reproductive Lifespan.** Shima Momeni, Department of Women’s and Children’s Health, Uppsala University.
- **10:25-10:45. Gender and Microbiome.** Eva Drobná, Dptment of Cell and Molecular Biology of Drugs, Faculty of Pharmacy, Comenius University Bratislava.
- **10:45-11:05. Innovative solutions to overcome gender inequalities in education and research: from Artificial Intelligence to Healthcare Attention to Diversity.** Ariel Guerra-Adames, Bordeaux School of Public Health, Bordeaux Population Health Inserm Research Center.
- **11:05-11:40. Coffee break.**
- **11:40-12:00. MeToo y sistema meritocrático en la Universidad.** Harkaitz Zubiri, Department of Language Didactics and Literature, University of the Basque Country UPV/EHU.

- **12:00-12:30: CREA's Pioneering Contributions in Addressing the Impact of Isolating Gender Violence on Health.** Mar Joanpere, Department of Business Management, Faculty of Business and Economics, University Rovira i Virgili.
 - o **Exploring the health consequences of Disdainful Hook-Ups** Marta Soler, Interdisciplinary Social Research Centre ISREC, University of Barcelona.
- **12:30-12:50: Análisis de la Inclusión de la Perspectiva de Género en la Investigación Biomédica.** Rut Lucas, Department of History of Science and Documentation, Faculty of Medicine and Dentistry, University of Valencia.
- **12:50-13:30. Analysis of gender-related inequalities in health and preventing gender-based violence. Project i3lab.** Iratxe Pérez, Department of Nursing, Faculty of Medicine & Nursing, University of the Basque Country UPV/EHU.
 - o **Metodologías activas aplicadas a innovación: análisis de género. Sex-based gender analysis (SBGA)** Virginia Guillen, Department of Neuroscience, Faculty of Medicine & Nursing, University of the Basque Country UPV/EHU.
 - o **Experiencias Docentes en Ciencias de la Salud: Integrando la Perspectiva de Género desde la Práctica. Cristina Penas.** Department of Cellular Biology, Faculty of Medicine & Nursing, University of the Basque Country UPV/EHU.
- **13:30- 14:00. Round table: Experiencias en perspectiva de género en salud de las Asociaciones de Mujeres de Bizkaia.** Mertxe Méndez (ONEKA Asociación de Mujeres Pensionistas), Guiomar Rodriguez y Mariasun Bernaola (Asociación Cultural Manuela Eguiguren), Bego Izarra (SARELILAK) y SIM ROMI Asociación de Mujeres Gitanas.
- **14:00-14:05. Final remarks and farewell.** Marta Barandiaran, Director for ENLIGHT at the University of The Basque Country UPV/EHU.
- **14:05-15:15. Lunch.**

Organising Committee: Lucía Gallego, Sandra Sánchez-Urtaza

Meeting secretariat: María Laura Alfonso, Sandra Sánchez-Urtaza

Registration: <https://impulsenlight.wordpress.com/>

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